

## **DAST**

The Drug Abuse Screening Test (DAST) is one of the most widely used screening tests for drug abuse and addiction. The questions refer to the past 12 months.

1. Have you used drugs other than those required for medical reasons?  
 Yes  No
2. Have you abused prescription drugs?  
 Yes  No
3. Do you abuse more than one drug at a time?  
 Yes  No
4. Can you get through the week without using drugs?  
 Yes  No
5. Are you always able to stop using drugs when you want to?  
 Yes  No
6. Have you had “blackouts” or “flashbacks” as a result of drug use?  
 Yes  No
7. Do you ever feel bad or guilty about your drug use?  
 Yes  No
8. Does your spouse (or parents) ever complain about your involvement with drugs?  
 Yes  No
9. Has drug abuse created problems between you and your spouse or your parents?  
 Yes  No
10. Have you lost friends because of your use of drugs?  
 Yes  No
11. Have you neglected your family because of your use of drugs?  
 Yes  No
12. Have you been in trouble at work because of your use of drugs?  
 Yes  No
13. Have you lost a job because of drug abuse?  
 Yes  No
14. Have you gotten into fights when under the influence of drugs?  
 Yes  No
15. Have you engaged in illegal activities in order to obtain drugs?  
 Yes  No
16. Have you been arrested for possession of illegal drugs?  
 Yes  No
17. Have you ever experienced withdrawal symptoms (felt sick) when you stopped taking drugs?  
 Yes  No
18. Have you had medical problems as a result of your drug use (e.g., memory loss, hepatitis, convulsions, bleeding, etc.)?  
 Yes  No
19. Have you gone to anyone for help for a drug problem?  
 Yes  No
20. Have you been involved in a treatment program especially related to drug use?  
 Yes  No

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This quiz is scored by allocating 1 point to each ‘yes’ answer — except for questions 4 and 5, where 1 point is allocated for each ‘no’ answer — and totaling the responses.

**1-5** points appear to indicate a **low** level of drug abuse.

**6-10** points appear to indicate a **moderate** level of drug abuse.

**11-15** points appear to indicate a **substantial** level of drug abuse.

**16-20** points appear to indicate a **severe** level of drug abuse.