

# Finding The Time To Laugh

From Eileen Bailey, Your Guide to Attention Deficit Disorder.

## Funny Stories About Life With ADD

### ADD Things...

*The following is a compilation of stories showing the humorous side of ADD. Laughing at oneself and finding humor in situations can help to relieve some of the stress of living with ADD. Enjoy the stories.*

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“This just happened while our teen-age (ADHD) grandson (we've raised him since he was 4 months old) was emptying the kitchen trash can, then he is to put a new bag in the trash can before carrying the full bag outside to the larger cans.

While encouraging him to "pick up some speed" in doing his routine chores, he became very serious and said, "Remember, Mom, it was the tortoise that won the race?" Well I was pretty relieved that he made an immediate exit from the room, because I just "lost it", and burst out laughing! Life is good!!”

*Kay*

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“I was moving, so I was packing my books up. (a day's work in itself) I felt thirsty so I reached in the fridge for a coke. Then I heard a clink when the coke I had open in my hand hit the one I was reaching for. “

*Chris*

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“One day my teenage son was sitting at the kitchen table eating when my then 6 year old daughter came in the room and asked if she could have a glass of orange juice. I was at the sink washing dishes and my son kindly said, "Sure, I'll get it." He proceeded to the refrigerator, got out the orange juice, went to the cabinet, got a glass, filled it with orange juice, drank it and then sat down again to finish eating. My daughter stood watching all of this and finally said, "What about my orange juice?"

He had completely forgotten why he was getting the juice, even with her standing right there.”

*Ellen*

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“My oldest son has put the milk in the cabinet and the cereal in the frig. My middle one has put on his tennis shoes and then fussed about where in the world his shoes could be, then find another pair and start to put them on before he realized he already had shoes on.”

*KSWWW*

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“When my children were younger, my boys godmother came over for a visit. She was sitting at the table, the children were fussing, because they wanted their bottles. I tried so hard to focus on the conversation, that I poured the coffee in the baby bottle and the baby milk into the coffee cup of my visitor and didn't catch on until everybody was quiet and just looked really puzzled at me.”

*Wildcat*

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“My boyfriend is used to seeing me "space out" while thinking a mile a minute & is often amused by it because I get expressions on my face according to what I am thinking. Anyway, last week, I was thinking about an appointment that I had way later on in the day. My mind wandered & thought about how bad it would be if I missed the appointment, my heart started racing, and got lost in that thought, etc....

I panicked, gasped really loud, and jumped out of my seat - as if to run off to the appointment. I thought my boyfriend was going to fall off his chair because I scared him... I was so embarrassed, but he harrassed me 'til I told him what happened & he was laughing so hard.”

*Tina*

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“In high school I sat in science class one day pondering the pocket change I would need to make a phone call after class.

I fished around in my pockets for a minute, and coming up short, I turned and asked my friend and lab partner "Do you have a dime that I could borrow?"

Apparently (I don't remember hearing myself) I responded (yes, to myself): "Yes, but I think I'm going to need it."

I had no clue that I did this, but I saw an amazed and incredulous/befuddled look on my friend's face. I asked him "What??"

He replied, "You just asked me a question and answered yourself."

I looked back at him like he was an idiot. "No I didn't. You asked me if I had a dime you could borrow and I answered you that I did but I needed it."

"No, you asked me and answered yourself."

And then I vaguely recalled in my mind's ear hearing my own voice ask, not his. And I recalled that I did, myself, need a dime. Not he."

### *March Hare*

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"My younger two daughters were visiting a friend's farm. They went to the barn to collect eggs. Once they got there, they remembered they'd forgot to bring something to put the eggs in. No problem. They'd just come from a baseball game, so were wearing they're baseball caps. Make great containers for eggs!

The youngest child, my little green eyed witch, possibly has ADD. Impulsive, more than just a little uncoordinated. Cute as a button. runs everywhere (walk? what is walk?).

So anyway, they collect the eggs, and head for the house. On the way, there is a rock pile (left from olden days, when the fields were being cleared ---- farmers just piled all the rocks up in one place). Of course, the darling youngest one cannot resist a challenge. Why walk AROUND the pile, when you can go OVER it? You guessed it! Trip, fall, SQUISH! As the girls said --- good thing the dog likes raw eggs!

The sweet things that they are, they bring ME home the yucky hat to clean. Washed it all out. Hung it to dry. Laughed when I read the name inside --- it wasn't even MY daughter's hat --- it was the friends! Oh well.....

### *ADDMom*

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"Does anyone else get in trouble with their mouth, she asks? If that doesn't tell the story of my life, I don't know what does! When I was 3 or 4, I was out on the blacktop saluting the flag with the rest of the school, just like we did every single day, and all of a sudden it ocured to me that I didn't like it. So right out loud, in front of the entire school I shouted, "Salute, salute, salute!".

Couldn't keep my mouth shut in boot camp, so they set me back twice before I finally graduated."

### *Ollinator*

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“If I had a nickel for everytime anyone (including myself) had to say, "Now then, what were we really discussing?" or "How did this conversation start?" or "Did we ever decide ....." I would quit the day job.”

*HunterOther*

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“The first couple of years with my current husband I felt perplexed by his behavior. When we were living together we planned a party. Mark went out shopping for the party, and returned with an aquarium. He spent the first couple of hours putting that together rather than making the meal for the party (He's the gourmet cook). I shook my head in stunned amazement.

*Miller*